

REGISTRATION FORM

Lodging Options

<i>Weekend</i>	<u>\$180</u>
<i>Early bird discount if received by 3/25</i>	<u>\$170</u>
<i>Commuter Saturday</i>	<u>\$55</u>
<i>Commuter <u>Friday or Sunday</u></i>	<u>\$45</u>
Other: Pontoon (est. price for 8)	<u>\$15</u>

Please print legibly and mail the following information with your payment.

Name _____

Email _____

Phone _____

Gender _____ (cabin assignments)

*Retreat Fee** \$75

Lodging (enter amount) \$

Optional: Pontoon Boat \$

Scholarship
(enter amount given or received) \$

Amount Enclosed \$

**Retreat fee can be paid on arrival. Please enclose payment for all other costs.*

Special Needs?

Food, bunk, etc. _____

REGISTRATION DETAILS

\$170.00 Early bird lodging paid by 3/25/2024

\$180.00 Lodging paid by 4/29/2024

Commuter Prices (no lodging)

- \$55 C-S
Saturday Only (Lunch & Dinner)
- \$45 C-FS
Friday or Sunday (Dinner or Brunch)

\$15.00 Pontoon Boat Ride (optional)

\$75.00 Retreat Fee (paid now or on arrival)

Checks payable to:
Bitterroot Intergroup

Mail registration to:
Rhonda S. c/o Intergroup Treasurer
150 Larch Hill Dr.
Columbia Falls, MT 59912

Limited number of scholarships available upon request. Please email bitterrootig@gmail.com for availability or if special payment arrangements are needed.

Full refunds/cancellations are possible up to 4/30. After April 30th, only the paid \$75 registration fee is refundable.

OA BITTERROOT INTERGROUP
(BIG) SPRING 2024 RETREAT

THE STAGES OF RECOVERY

May 17-19, 2024

Friday evening to Sunday noon



TENTATIVE RETREAT SCHEDULE



FRIDAY

5:00 PM Registration
6:15 Evening Meal
7:15 Speaker



SATURDAY

8:15 Breakfast
10:15 Speaker
12:15 Lunch

Afternoon is free to enjoy as you wish. Options include: Recreation, rest, relax, read, write, meet new friends, pontoon boat ride (\$ fee), sauna, fireside, archery, hiking etc.

5:30 Evening meal
6:45 Speaker
8:00 Fellowship Time – Options include: fireside, games, puzzles, singing



SUNDAY

Pack up and prepare for departure
10:00 Brunch
11:00 Speaker and farewells
12:00 Departure time

THE STAGES OF RECOVERY

No matter what stage of recovery you are in, this retreat is for you. Whether you are new to Overeaters Anonymous, have a long-time abstinence, or are in relapse you will be inspired, encouraged, and strengthened in your journey.

● COME EXPECTING. . . LEAVE ENCOURAGED

● WHAT TO BRING

- AA BIG BOOK
- OA 12 X12
- Journal and pencil
- Sleeping bag and pillow
- Towel & wash cloth
- Shower shoes
- Toiletries
- Rain jacket/warm jacket
- Sturdy walking shoes
- Water bottle
- Flashlight & batteries
- Games (opt)
- A musical instrument (opt)
- Money for possible raffle or staff tip

LOCATION

Retreat Address
Flathead Lake Lutheran Bible Camp
550 Lutheran Camp Road
Lakeside, MT 59922
<https://flbc.net>

CONTACT US

Retreat information and Scholarships
email: bitterrootig@gmail.com

REGISTER ONLINE

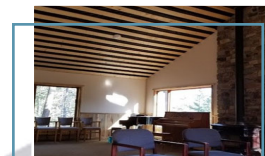
Visit our website:
www.montana-overeatersanonymous.org



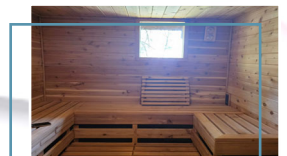
Dining



Cabin



Meeting



Sauna